

# The Ridge Reporter

March 2019

## Looking Forward

*Beginning Mon. 3/4, every activity program will have a value amount. Attend the program to earn gold coins. Spend your "fools gold at the End of the Rainbow on April 1st.*

3/5—**Fat Tuesday** parade & party  
parade—1:45; party—2:30 w/  
entertainment by Tom Lanigan—eastdr

3/6—**Ash Wednesday**—Ashes will  
be distributed. Details coming

3/10—**Daylight Savings Time Begins**  
**Spring forward 1 hour!**

3/12—Art w/Kamalika—2:00 act. Room

3/13 Lunch in—Papa Joes—12:00—  
Act room

3/14 Tai Chi w/Chris—2:00—act room

3/15—Leprechaun hunt today!!!

St. Pat's Party—2:30—act. Room

3/17 **St. Patrick's Day**

3/19 Culinary committee—2:00 act. Rm

3/20 **Spring begins!**

Meet w/the Administrator—2:00—  
Act. Room

3/21—Resident council—2:00— act rm

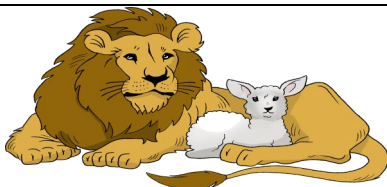
3/22—Spring Bubble fling—2:30—  
Act. Room

3/24—Entertainment by Dan Elish—  
1:45—front lobby

3/28—Monthly birthday party—2:00—  
Activity room

3/29—outing—shopping at Walmart  
1:30

3/30—Art w/Marilyn—1:45—act. Rm



## The March of Women's History



The month of March is Women's History Month, in recognition of women and their impact on culture and society all around the world.

The movement to establish recognition of women's history began in Sonoma, California, in the 1970s. A group of women formed the Education Task Force of the Sonoma County Commission on the Status of Women. Their goal was to include women's history in the local school curriculum. For too long, men had dominated the study while women's contributions had nary a mention. The movement in Sonoma was such a success that it gained traction nationwide. In 1980, President Jimmy Carter established the first Women's History Week, and then in 1987, Congress declared the entire month of March as Women's History Month.

Politicians, writers, freedom fighters, scientists, soldiers, athletes—women have made contributions in virtually every field. Honor them this March.



## The Birth of Rock 'n' Roll

The very first rock 'n' roll concert was staged on March 21, 1952, in Cleveland, Ohio. It was called the Moondog Coronation Ball and featured guitarist Tiny Grimes and His Rocking Highlanders, saxophonist Paul Williams and His Hucklebuckers, Billy Ward and His Dominoes, singer Varetta Dillard, and Danny Cobb. The concert was the idea of local radio

DJ Alan Freed, the same man who popularized the phrase *rock 'n' roll*. On the night of the show, 20,000 people showed up with tickets, but the venue held only half the number. Tickets had been counterfeited. Afraid of a riot, the fire department stopped the concert after only one performance.

## Calling All Cooks!!

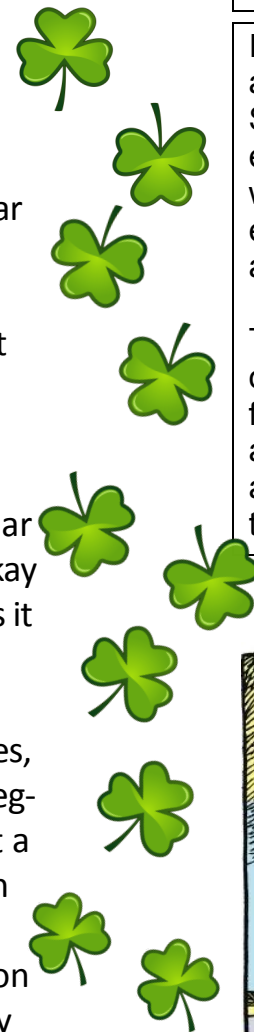
We are starting a "Supper Club" at The Ridge.



We will meet 2 times a month to plan and prepare a meal for the club members. If cooking is your passion or even just a mild interest, we would love to have you be involved.

## Grammar Rules

The Society for the Promotion of Good Grammar has declared March 4 as Grammar Day. English is often said to be the hardest language to learn, and English grammar is even difficult for native speakers. Why is it so difficult? The order of words, pronunciations, homophones, synonyms, idioms—all of these are confusing! As language evolves, more and more grammar rules are being ignored. It is considered okay to begin a sentence with *And* or *But*, just as it is acceptable to end a sentence with a preposition. You can also split as many infinitives as you want! There are some rules, however, that are not as flexible. Double negatives are still a no-no. Also, *alot* is still not a word. You can write *a lot* when you mean "many," or *alot* when you're assigning a share or portion. With well over a million words in the English language, you are likely to find something to celebrate today.



## March Birthdays

Fred N. 3/1

Mary G. 3/7

Ann B. 3/9

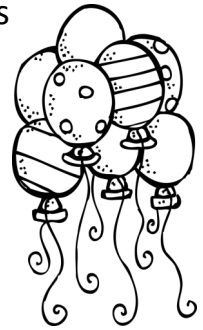
Cathy T. 3/12

Mindy E. 3/12

Lousie P. 3/13

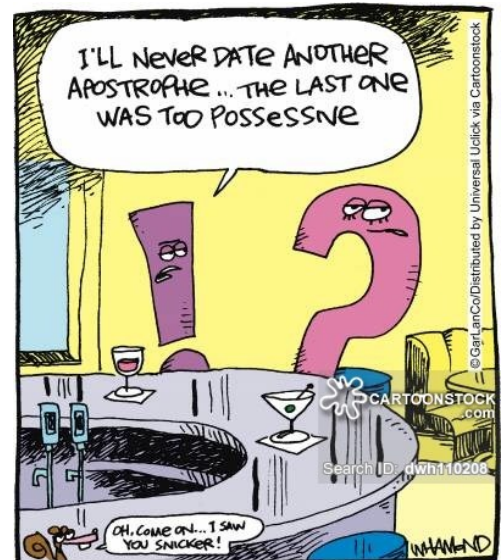
Agnes F. 3/14

Dominic T. 3/24



In astrology, those born March 1–20 are the slippery Fish of Pisces. Selfless Pisces are very wise and empathetic, making them always willing to help others. These deep emotions also make Pisces talented artists and good friends.

Those born March 21–31 are Rams of Aries. Like rams, Aries charge forward with courage, confidence, and enthusiasm. They embrace action, take risks, and will fight for their goals.



## Religious Roots to Raucous Parties

As March arrives, many look forward to the holidays of St. Patrick's Day and Mardi Gras. Yet both of these holidays are more modern American inventions than age-old religious traditions.

St. Patrick's Day, as a religious celebration, has a lengthy history. It dates back to the mid-17th century and was initiated to honor Saint Patrick and his work to bring Christianity to Ireland. The Feast of St. Patrick was held each year on the date of his supposed death, on March 17, 461 AD. The observance of the date was a solemn occasion, mostly involving quiet prayer. As recently as the 1970s, pubs were closed in Ireland on St. Patrick's Day.

The rollicking revelry typically associated with the day was decidedly un-Irish and an American invention. During the Irish Famine of 1845–1850, many Irish immigrated to America, where they were not welcome. As the Irish community in America grew and prospered, they began to celebrate both their Irish-ness and their newfound American-ness.

Corned beef, shamrocks, and leprechauns were never part of true Irish St. Paddy's Day celebrations, but they were integrated into Irish-American identity and so became celebrated symbols of St. Patrick's Day. The American version of St. Patrick's Day is so strong that many Irish-American traditions have even returned to Ireland.

Mardi Gras, like St. Paddy's Day, originated as a solemn religious holiday. As the day before the start of the ritual fasting of Lent, it was an opportunity to indulge in sweet, fatty foods, giving rise to the name "Fat Tuesday." Over the centuries, these small indulgences led to greater hedonism, practices that were heavily discouraged by the Church. The elaborate Mardi Gras celebrations held in New Orleans emerged in 1857 when a group of men created a secret society called the Mistick Krewe of Comus. They held a lavish ball and parade, setting the secular foundations for many wild Mardi Gras to come.



### How Many Ducks?

On the bus Paddy got chatting to Murphy who was carrying a bag on his back  
What's in the bag?' asked Paddy  
'I'm not going to tell', replied Murphy  
'Go on, do.' pleaded Paddy.  
'Ah, all right then, it's ducks.' announced Murphy  
'If I guess how many ducks you have in the bag, will you give me one of them?' enquired Paddy  
'Look', said Murphy, 'If you guess the correct number, I'll give you **both** of them.'

'Five!' said Paddy triumphantly.



### Did You Know ....

- When opossums are "playing 'possum," they aren't playing. They are actually passing out from sheer terror.

—"Stewardesses" is the longest word that is typed using only the left hand.

-The "sixth sick sheik's sixth sheep's sick" is said to be the toughest tongue twister in the English language.

# The Color Green Word Search Puzzle

N Q G N C S R U M A R K E R S  
E M H R U S S T N A L P E E R T  
E L S E A A R T I C H O K E B  
C W N R L S H G S A E P F X R  
A B A T U T S C E Y M O N E Y  
S E I A N A R I E X A X Z J A  
P A T S E S U L R T L D C N  
A N R T J H I O T O P Y C L A  
R S A E P A H U N B C E P O U  
A Y M H M L O F I T C L V G  
G E X S E R T S F C D L O E I  
U N C H L O R O P H Y L L R U  
S V S C O C D L E T T U C E B  
I Y E V M K Q P O W G O R F G  
V E G A B B A C T K E R M I T

ARTICHOKE LETTUCE  
ASPARAGUS MARKERS  
BEANS MARTIAN  
BROCCOLI MONEY  
CABBAGE PEAS  
CHLOROPHYLL PLANTS  
CLAY SHAMROCK  
CLOVER STEMS  
DINOSAURS TREE  
ENVY TURTLE  
FROG  
GRASS  
IGUANA  
KERMIT  
LEPRECHAUN