



The Ridge Reporter



April 2019

Looking Forward

Tues. 4/9—Lunch in—Manhattan Deli—12:00—activity center(sign up by Sun. 3/7)

2:00—Art w/Kamalika—activity Center

Thurs. 4/11— Chair Massages by Gina—1:00—activity center (please sign up)

Sun. 4/14 **Palm Sunday** —Family/ Staff Easter Egg Hunt—1:30—3:30

Fri. 4/19—**Good Friday**

2:30 Entertainment w/Kris Dieh—East dining

Sat. 4/20 **Passover Begins**

Sun 4/21 **Easter**

Mon. 4/22—**Earth Day**—12:00—Lunch in—to be announced

Tues. 4/23—6:00—Entertainment w/ Dave Slavik—front lobby

Thurs. 4/5—10:30—Dance Again Fitness—Activity center

Sat. 4/27—1:45—Art w/Marilyn—Activity center

Tues. 4/30—2:30 Monthly Birthday Party & Bingo bash

April is a promise that May is bound to keep

~ Hal Borland



April

is the fourth month of the year in the Gregorian calendar and one of only four that are 30 days long. (Do you know the other three? June, September, and November)

The name April comes from Aprilis, derived from *aperire*, meaning “to open.” It is the name the Romans gave the month, reportedly because it is the time of year when flowers begin to bud or open.

Birthstone – Diamond

For centuries, the diamond has stood for romance, intrigue, power, greed, and magic. In the Middle Ages, it was used to cure

headaches and to create love potions. Today, it symbolizes everlasting love. Besides being the birthstone of April, it is also the anniversary gemstone for 10 and 60 years of marriage.

The diamond is the world’s hardest naturally occurring substance. It is also the purest of all gemstones, since it is composed completely from crystallized carbon. Its name comes from the Greek word *adamas*, which means “unconquerable.”

Flower – Daisy

The special flower of the month of April is the daisy. The daisy is one of the oldest and best-known English flowers. It retains its Anglo-Saxon name, *day’s eye*, because of its appearance and the fact that it closes according to the amount of

available sunshine. According to legend, the first daisy appeared when a young nymph turned herself into one to avoid unwanted praise and attention. Thus, the flower has come to symbolize modesty, chastity, and innocence.

Resident Spotlight



This month our spotlight shines on Irene Green.

Irene's adventurous & dynamic life began on a June day in 1922. She has fond memories of growing up with her older sister and brother in the Woodland and 79th Street neighborhood of Cleveland. She met her 1st husband in this neighborhood when he and friend helped mow her lawn in exchange for a spot to sit on that lawn and watch the air show.

Irene attended Ohio State University and majored in psychology. Perhaps this is why she was sharp in business. Her 1st husband developed the Toothette oral swab. He and she owned and managed the company in Ohio as well as a 25 space trailer park in Florida. After her husband's passing, Irene maintained leadership of these companies. She also opened a store in New Smyrna Beach in Florida called "Fashion Knits". Here she sold yarn, and also jewelry handcrafted by herself.

She had known her second husband for 20 years before he traveled to Florida to ask for her hand. Irene accepted his proposal, sold her Florida businesses and returned to Ohio.

To say that Irene is well-traveled would be an understatement. She's had lunch along the *Champs-Élysées* and at the top of the Eiffel Tower. Her travels include the Rainforest, the Panama Canal, most of the United States, and Canada. While visiting Canada, she was served tea by Justin Trudeau.

Irene joined our community about a year ago. She is a long time knitter & quilter and has won awards in Lake Farmpark's annual quilt show. Although she is legally blind she continues to knit and also work jigsaw puzzles with the help of a viewer.

Irene describes herself a "private person". She is well-liked and respected by staff members and other members of our community. Irene enjoys attending afternoon bingo games. Mornings are reserved for visits with her son, Timothy who she describes as her "everything".

We at the Ridge are grateful and happy to be able to spend time with Irene Greene.

What makes your soul sing?

Next month we will be celebrating National Skilled Nursing Care Week here at the Ridge. Formally known as National Nursing Home Week, this is a time to recognize the essential role of skilled nursing care centers and also promotes quality of life of both long term members of these communities and those people who are in care centers for short term stays.

This year's theme is "Living Soulfully." During this week we will showcase and celebrate what makes us happy and what makes our souls sing.

We would like to know what puts a smile on your face? The Life Enrichment department will be creating a collage of things that make our souls sing. We would appreciate your help. Look for details in the Daily Happenings and the May issue of the *Ridge Reporter*.

The first meeting of our cooking club last month was small in members but huge in tastiness. The group decided on flat bread pizza. It was fabulous.

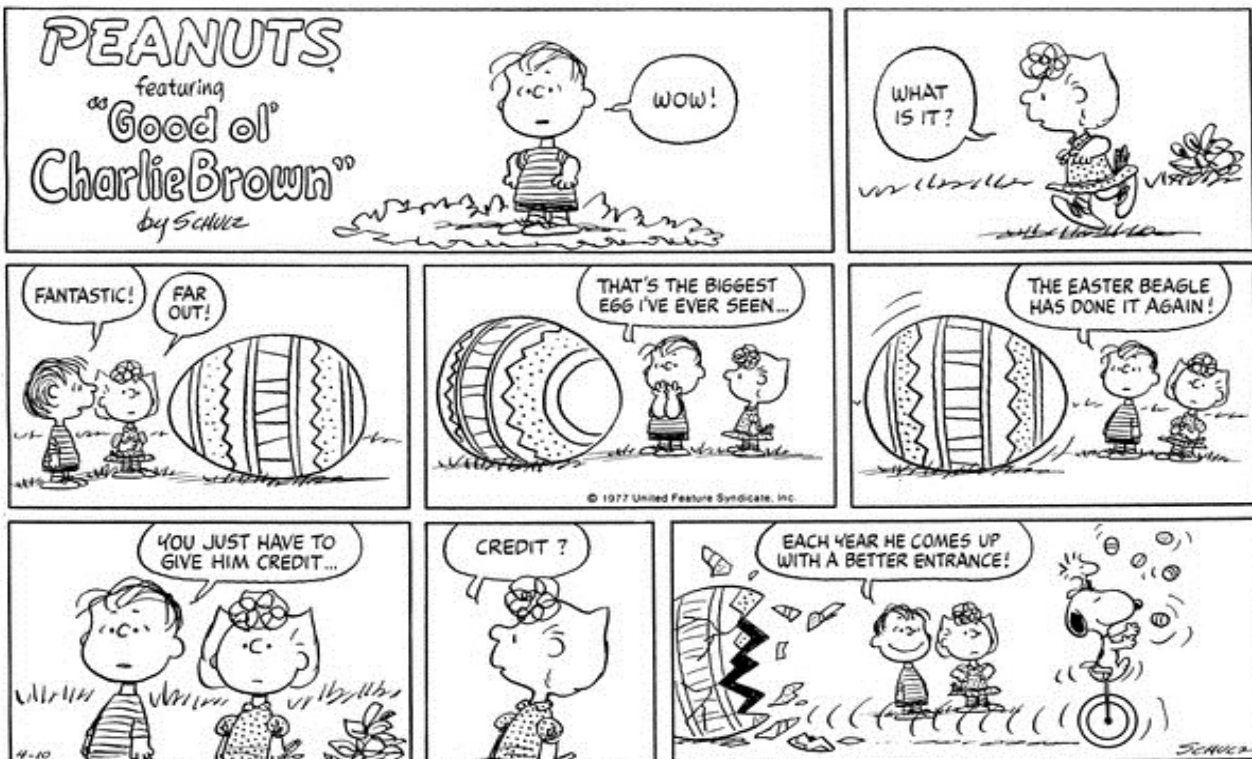
Check out the monthly calendar for the next meeting. There is still time to get involved!



Who Knew??

~ On Good Friday in 1930, the BBC reported, "there is no news." Instead, they played piano music.

~ Ben & Jerry learned to make ice cream by taking a 5.00 correspondence course offered by Penn State. (They decided to split the course)



Singing Machine

The fourth week in April is Karaoke Week! So grab a microphone and belt out your favorite song. If you're looking for an audience, then you're in luck. Bars and clubs all over the world will be hosting karaoke contests and competitions. If you're feeling a bit shy, then perhaps the story of karaoke's inventor will help you find the confidence to come out of your shell.

Karaoke was invented in Japan. The word *karaoke* is actually a combination of two Japanese terms: *kara*, meaning "empty," and *oke*, which is the shortened form of *okesutora*, meaning "orchestra." What is an "empty orchestra"? This is another way of describing an orchestra that has a lead part missing, and that lead part is the all-important voice of the singer. Sing-alongs have been an important part of Japanese get-togethers for centuries. But it wasn't until 1971 that musician Daisuke Inoue invented a machine that could do the work of an entire band.

Inoue was a drummer and not a very good one at that. When he couldn't make it in a band, he found work playing drums for Japanese businessmen who liked to sing during amateur nights. When one businessman asked Inoue to play backup at another event, Inoue declined the invitation but came up with another idea. Inoue taped his drum solo so that the singer could play the tape and sing along in his absence. It wasn't long before Inoue realized the genius of this idea and invented a machine fitted with amplifiers and background music that allowed singers to perform without a full band. Inoue leased his machines to local bars, where they were an instant hit. Karaoke was born. By the 1980s, it seemed that every bar in Japan had a karaoke machine. Unfortunately for Inoue, he never patented his invention and so never earned a cent. It was a Filipino inventor named Roberto del Rosario who claimed that honor. However, Inoue's name has entered the history books for his efforts. In 2004, he even was awarded a mock "Peace Prize"



How many words can you make out of the words



April Showers

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