

FREE Lunch & Learn

Mentor Ridge Health & Rehab

8151 Norton Parkway

Mentor, OH 44060

Enjoy a healthy and tasty meal prepared by our chefs and informational presentations on a variety of topics.

Wed. Nov. 21—Thoughts on Thanksgiving.

Take a break from stuffing the turkey for this presentation from Susan Cannovino of Presentations with Pizzazz.. Learn what really happened the first Thanksgiving. Play a game of fact or fiction. Share some laughs with famous people ... & some surprises.

The “pies the limit”

Please RSVP by Nov. 15

440-299-5500



Mentor Ridge

HEALTH AND REHABILITATION

***Reach Your Peak of Wellness at
The Ridge***